You can only use *break* and *continue* statements inside for loop and while loop.

The *continue* statement will continue to the next value of the *for* loop’s counter, as if the program execution had reached the end of the loop and returned to the start. In fact, you can use *continue* and *break* statements only inside *while* and *for* loops. If you try to use these statements elsewhere, Python will give you an error.